



# DO YOU NEED HELP?

If you are self isolating and need help with day to day activities, the community is here to support you. If you just want a natter on the phone, need help walking the dog or collecting a prescription, or perhaps you're concerned about a neighbour - **please get in touch**. It is **important** that you follow government advice to stay home and ask for help. For medical advice or if it's an emergency, please go through the normal channels (Call 111).

**Our Support Line is open 9am to 4pm, Mon - Sat**

Call: **01626 853140** or email [clerk@chudleigh-tc.gov.uk](mailto:clerk@chudleigh-tc.gov.uk).

## **VOLUNTEERS NEEDED**

We need more volunteers please - all sorts of help can be offered, even if it's just phoning others in isolation. Please email [clerk@chudleigh-tc.gov.uk](mailto:clerk@chudleigh-tc.gov.uk) with **COVID volunteer** as the subject, and a volunteer coordinator will be in touch to find out what you can offer and provide information and guidance.