



Hand of the Wind  
Integrated Health & Martial Arts



# T'ai Chi

Tuesday 7pm (Term times only)  
The Woodway Room, Chudleigh Town Hall  
£5 per class.

Beginners always welcome!



Taught by Conrad Robinson,  
TCUGB Advanced Instructor.  
For more information phone  
**07769 045207**  
[www.handofthewind.co.uk](http://www.handofthewind.co.uk)



T'ai Chi



Qi Gong



Kung Fu



Taoist Yoga



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